



Massage Therapy

At Capelands Wine Farm



Capelands Wine Farm massage therapist Samantha Sawyer has worked in the industry for 16 years. She worked on a Celebrity Cruiseline in the Caribbean and at the Fancourt Golf Estate and Bushmans Kloof Resort spas.

Through touch, she believes hands-on massage therapy to be the only true way to bring healing, peace and relaxation to the body, mind and spirit.

Enjoy treatments that are tailor-made to help you relax and unwind in a quiet and still atmosphere.

Relaxing Signature Therapies

Treatments are customised to your individual needs and restores your whole being

Aroma Massage – Geranium and lavender essential oils

Swedish Massage – Grapeseed oil

Deep Tissue / Pressure Point Massage – Arnica oil

Golfers Massage – Arnica oil

Reflex Foot Treatment – Peppermint cream